

The HU4K Focus



MAY 2019

A few words from our President...

Here we are, well into term 2 2019 and we're celebrating the introduction of HU4K into a new "Zone" – with Busselton PS and West Busselton PS joining our HU4K school-community partnership.

WELCOME to both schools and to our new team of volunteers.

There's now 19 Primary Schools and more fabulous reading support volunteers amongst our ranks AND that's more of us making a difference in helping young kids gain the knowledge and skills they need to read confidently!

This edition, we'll concentrate on our newest HU4K operation in Busselton, all of whom we extend a very warm welcome,

Sincere thanks to every Zone Coordinator and reading volunteer or your ongoing support and commitment.

Jan Pedersen

Hands Up 4 Kids President

Volunteer Attendance Hours – a fantastic, valuable contribution

The 2018 total came to a very impressive 4,925 hours, an increase from 2017's 4,199 hours!

We are very grateful to Trevor Pengilly who once again spent many hours adding up the volunteer time donated to our then, 18 partner schools.



Our Current Board of Management (2018/19)

Chairperson: Jan Pedersen.
Deputy Chairperson: Neville Eastman
Secretary: Jan Akaczzonek
Treasurer: Lee Mead.
Principals Representative: Helen Foan.
Committee members:
Dee Richardson, Lorraine Schram, and Angela Ansell.

We extend our thanks to recently retired Board members Jude Smith, Teresa Welsh and Karen Parrick for their wise council and service to HU4K.

Our Partner Schools?

We are very fortunate to have 19 South West Schools as valued partners, a marvellous achievement considering that our first school year 2012 began with the pilot program of 4 schools.

We now help students at
Maidens Park PS, Bunbury PS,
South Bunbury PS, Cooina PS,
Adam Road PS, Picton PS,
Djidi Djidi PS, Eaton PS,
Clifton Park PS, Australind PS,
Parkfield PS, Kingston PS,
Treendale PS, Dalyellup PS,
Brunswick PS,

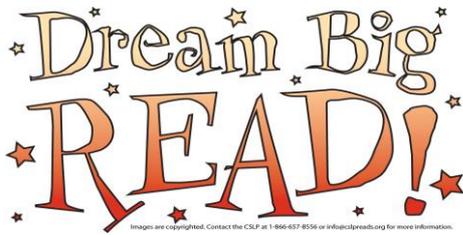
and now regional too:

Margaret River Primary School,
Rapids Landing PS (MR),
Busselton PS and
West Busselton PS



Shopping Centre Recruitment/Promotion

Kingston PS Australind needs more volunteers with a few regulars taking "leave" for one reason or another. Our thanks to Jan A who set-up and arranged the March 5th Treendale Shopping Centre information stand in her usual friendly, efficient manner! 4 new volunteers joined us and several other people indicated interest and may well join us later.



Marble Mazes

We are looking for some of our very talented volunteers to make our finger fidget Marble Mazes. These sensory items are used to help students who find it difficult to settle to the task of reading and many volunteers have found that using the Mazes has helped the student concentrate and made the session less stressful for the volunteer.

So if you have the time and like to sew please contact Jan A who will provide you with the pattern and materials. Our goal is to provide one Maze for every volunteer.

Please remember to sign in

As a volunteer, please remember to sign in on our Attendance Register, electronically if that is your school's preferred method or both if they are available. This is a safety measure in case of an emergency evacuation as well as an important statistical method for HU4K.



Christmas Volunteer Networking

Exchanges: *(A while ago now but memorable occasions and great friendships forged!)*

Sixty four people attended the Bunbury Christmas event at the newly appointed Bunbury Surf Life Saving Club and it seemed that everyone enjoyed the evening. Many people commented on the suitability of the venue.

Shame it was a bit too windy to take advantage of the beach-front deck and the sunset but inside the excellent facilities, there was lots of warm friendly chatter and sumptuous Christmas fare.

Sincere thanks to Neville Eastman who used his influence to get us a good deal on the room hire, Lorraine for another sterling catering effort, Rhonda Jones our punch expert, Colleen for her deserts, Mike Mead and Trevor Pengilly for wrestling and beating the sound system, Cheryl, Dianne, Carolyn and everyone else who helped set up and clear up on the day.



Well done to all of our wonderful volunteers who make HU4K a worthwhile and very successful program.

Margaret River HU4K also celebrates

Our Margaret River volunteers were invited to a coffee and catch up to celebrate their year on 13th December. As always, there was a great deal of talk about "their students" together with lots of laughter. Special thanks to Maxine Patmore who helped organise the get together.



Much going on in Busselton

My thanks go to Ron Mildenhall who invited the Busselton volunteers to his home in December for lunch to celebrate the successful establishment of the HU4K West Busselton Primary team. Ron's excellent catering, the generous opening of his home and the jovial nature of the volunteers meant that a very enjoyable time was had by all.

Busselton HU4K Celebrates

Busselton PS and Busselton West PS HU4K volunteers met socially earlier this year, hosted by Busselton Zone Coordinator Jill Mildenhall and her husband Ron. Jan A and Jan P joined the group and enjoyed sharing stories about how HU4K has developed since inception in late 2012 and getting to know some of these, our most recent volunteers.



Taking an extended holiday in WA?

Many of our volunteers travel or holiday north and if you're stopping for an extended period you might like to continue helping the local school children with reading.

We have produced a "letter of introduction" that can be used to prove your HU4K volunteering credentials and assist in your approach to the School Principal.

Please contact Jan A if you would like a personal letter of introduction.

May '19 Refresher – RSL Hall Bunbury

68 enthusiastic reading volunteers were mesmerised by Claire Nicol, Principal HU4K partner Brunswick PS and Paige Batta providing insight into ways we can better help our young charges.



Claire Nicol Principal Brunswick PS.
Processes & Reading Strategies

A list of reading strategies so readers can access their prior knowledge during reading – more than decoding words but integrating a range of word identification and comprehension strategies.

<ul style="list-style-type: none"> ▪ Predicting ▪ Connecting ▪ Comparing ▪ Inferring ▪ Synthesising ▪ Creating Images 	<ul style="list-style-type: none"> ▪ Self-questioning ▪ Skimming ▪ Scanning ▪ Determining importance ▪ Summarising and Paraphrasing 	<ul style="list-style-type: none"> ▪ Re-reading ▪ Reading On ▪ Adjusting Reading Rate ▪ Sounding Out ▪ Chunking ▪ Using Analogy ▪ Consulting a Reference
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Clair also covered shared reading procedures and techniques including Shared Reading.

Overview of Reading Procedures

DEFINITIONS

(KEY FEATURES also explained in Claire's notes)

<ul style="list-style-type: none"> ▪ Reading to Students 	<ul style="list-style-type: none"> ▪ Modelled Reading 	<ul style="list-style-type: none"> ▪ Language Experience 	<ul style="list-style-type: none"> ▪ Shared Reading
<ul style="list-style-type: none"> ▪ Guided Reading 	<ul style="list-style-type: none"> ▪ Book Discussion Groups 	<ul style="list-style-type: none"> ▪ Independent Reading 	



Jan A will email Claire's and/or Paige's comprehensive notes if you request these.



**Paige Batta –
School Psychologist,
Greater Bunbury
Engagement Centre**

Understanding Trauma in Schools

Paige very capably provided insight into
- an initial (basic) understanding of trauma in children and young people;
- recognising some of the behaviours that present from trauma
- understanding the importance of connection when working with traumatised children and young people. Paige informed us about Trauma v Stress; Defining Trauma; Acute Trauma; Acute Response to Trauma; Chronic Trauma; Multiple Traumatic Events; Trauma Responses (including Fight, Flight, Freeze and an added element Fawn) Paige explained an ever present experience - "scanning the environment because a threat could be just around the corner."

Trauma Impacts on a Child's:

▪ Brain development and brain function	▪ Memory (particularly working memory)	▪ Emotional development
▪ Physiology	▪ Social skills	▪ Physical health
▪ Beliefs about the world	▪ Relationships	



Thank you WIGS social group

for your kind donation once again, to help further the reach of HU4K.

Thank you to David Byatt, Moshi Moshi Marketing

for regularly updating the information on our website

75 volunteers answer HU4K Survey

- ✓ great personal satisfaction
- ✓ seeing excellent reading improvement
- ✓ kids very accepting of me
- ✓ loving being part of HU4K
- ✓ teachers appreciative of the help



Sincere thanks for your valuable feedback!!

If you're having a bit of a rough time at the moment

Here's a

VIRTUAL HU4K HUG

from all your HU4K friends

A hug for you, my friend



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